

Service Disclaimer, Safety & Emergency Policy

For Brew & Be Heard

Effective date: October 2, 2026

Website: <https://www.brewandbeheard.com/>

Contact: brewandbeheard@gmail.com

What Brew & Be Heard is

Brew & Be Heard is a private, non-clinical listening and conversation service. The purpose is simple: a real person listens while you talk through what is on your mind. Nothing more. Nothing less.

What Brew & Be Heard is not

Brew & Be Heard is not therapy, counseling, psychotherapy, psychiatric care, medical care, diagnosis, treatment, case management, crisis intervention, legal advice, financial advice, or another licensed professional service.

The service does not diagnose conditions, prescribe treatment, create treatment plans, or tell clients what they should do. Participation does not create a licensed professional relationship.

Emergency and crisis situations

Brew & Be Heard is not monitored or designed for emergencies or immediate crisis response.

If you or another person may be in immediate danger, call 911 or your local emergency service. In the United States, call or text 988 for the Suicide & Crisis Lifeline. If you are outside the United States, use the emergency or crisis resource available in your location.

Do not wait for a Brew & Be Heard response in an emergency.

When a session may be ended

Brew & Be Heard may pause, end, or decline a session when the conversation moves outside the non-clinical scope of the service, immediate professional or emergency help appears necessary, there is abusive or threatening conduct, or continuing the session would be unsafe or inappropriate.

Ending a session for safety or scope reasons is not a diagnosis or professional assessment.

Personal decisions

Clients remain responsible for their own choices, decisions, relationships, health care, finances, legal matters, parenting decisions, and other actions. Brew & Be Heard may help a client hear and organize their own thoughts, but does not make decisions for the client.

Privacy limits

Brew & Be Heard aims to keep sessions private, but does not promise legal privilege or absolute confidentiality. Privacy practices and circumstances in which information may be disclosed are described in the Privacy Policy.

Contact

Questions about the scope of the service may be sent to brewandbeheard@gmail.com.